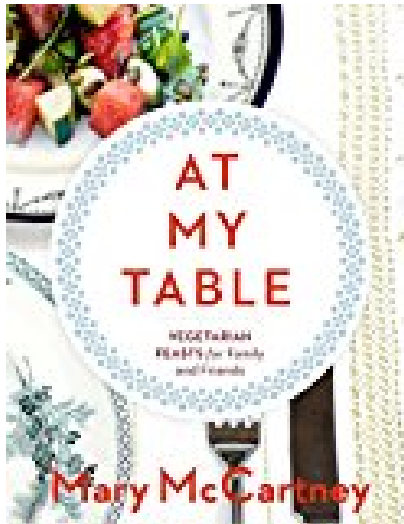


At My Table Vegetarian Feasts for Family and Friends



BOOK DETAILS

- Author : Mary McCartney
- Pages : 256 Pages
- Publisher : Sterling Epicure
- Language : English
- ISBN : 1454916591

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BOOK SYNOPSIS

I see this new cookbook as a personal journey, bringing to life the wonderful memories of those special occasions when family, friends and food mean everything. From celebrations and yearly highlights, to making the most of a simple gathering, I've created a complete range of vegetarian menus to make all these occasions special and, I hope, to create great memories. There are moments in our lives, and throughout the year, when we come together with our friends and family - and food plays a huge part in turning these moments into something special. Traditionally, many of these occasions call for meat - whether its roast beef for Sunday Lunch, or burgers at a BBQ - but Mary wants to show us that vegetarian cooking can be just as celebratory and special, and can adapt to any of our demands. She has created an inspiring and approachable selection of food for occasions that range from the festive feasts to the most intimate meal for two, all built around complete menu plans. Each menu has at least four recipes, and is designed to help us plan satisfying and delicious meat-free meals. Her Bonfire Party menu includes One Pot Chilli and Toffee Caramel Apple Wedges; her Middle-Eastern Feast includes Falafels and Nutty Baklava; and Kids Tea has Alphabet Soup and Mac n Cheese. With stunning photography - including family pictures from both past and present - At My Table is about food that brings people together, food that we share with those we love and becomes part of our memories.

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