

How We Love Workbook Making Deeper Connections in Marriage



BOOK DETAILS

- Author : Milan Yerkovich
- Pages : 160 Pages
- Publisher : WaterBrook
- Language : English
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BOOK SYNOPSIS

Practical Help for Building a Stronger, More Passionate Marriage Every adult bears an “imprint of intimacy”—an inner sense of how much emotional vulnerability they can risk based on childhood lessons about handling their feelings and needs. Those past experiences shape your behavior, beliefs, and expectations of all current relationships, especially marriage. This powerful companion guidebook—perfect for use on your own or in a group setting—will help you apply the principles from *How We Love* and break free of the harmful imprints of the past. Inside you’ll find practical, solution-focused tools for building a stronger, more passionate marriage, including...

- specific questions to help you and your spouse pinpoint barriers to intimacy
- an assessment tool for identifying your intimacy imprint
- strategic guidance in applying the principles for increasing intimacy
- effective techniques to kickstart the process of lasting change
- a plan for developing clear, personalized goals for your marriage relationship

Let relationship experts Milan and Kay Yerkovich guide you through a process of discovery that has transformed countless relationships, taking your marriage to a whole new level of intimacy as you learn to change *How We Love*.

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