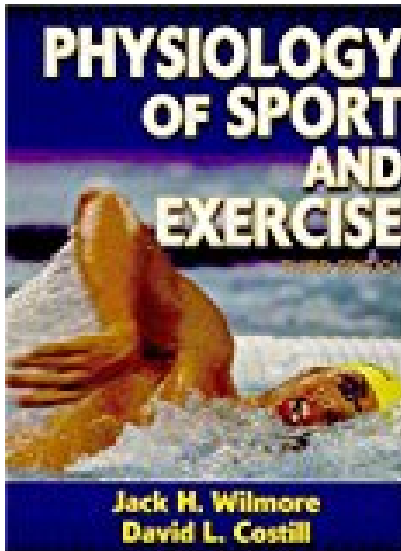


Physiology of Sport and Exercise-3rd Edition



BOOK DETAILS

- Author : Jack H. Wilmore
- Pages : 726 Pages
- Publisher : Human Kinetics Publishers
- Language : English
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BOOK SYNOPSIS

Helps students develop their understanding of the body's abilities to perform various types and intensities of exercise and sport, to adapt to stressful situations and to improve its physiological capacities. This book presents the relationship between human physiology and exercise.

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