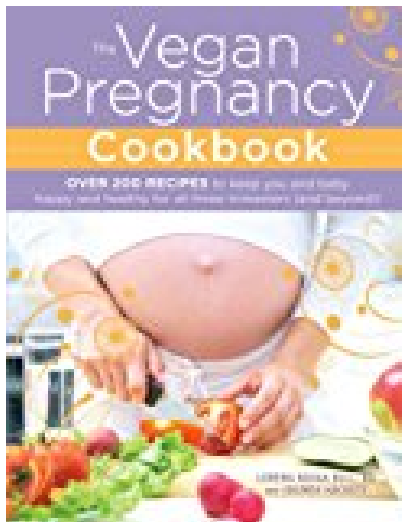


The Vegan Pregnancy Cookbook Over 200 Recipes to Keep You and Baby Happy and Healthy for All Three Trimesters and Beyond !



BOOK DETAILS

- Author : Lorena Novak Bull
- Pages : 256 Pages
- Publisher : Adams Media
- Language : English
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BOOK SYNOPSIS

Offers advice for maintaining a vegan diet during pregnancy, discusses the necessary nutrients mothers-to-be need, and provides recipes for meals, snacks, and appetizers.

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